

**Peak Health**7555 W. 150<sup>th</sup> street  
Overland Park, KS 66223

Phone (913) 685-0950

Fax (913) 685-2941

Whom may we thank for referring you to Peak Health? \_\_\_\_\_

**Patient Demographics**

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Male or Female (Circle)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Fax Number: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_

Name and Ages of Children: \_\_\_\_\_

Emergency Contact Name and Phone Number: \_\_\_\_\_

Race (circle one) American Indian / Asian / Black or African American / White (Caucasian) / Native Hawaiian / None

Ethnicity (circle one) Hispanic or Latino Not Hispanic or Latino Decline to Answer

Preferred Language: \_\_\_\_\_

**History of Complaint**

Please identify the condition (s) that brought you to this office:

Chief complaint: \_\_\_\_\_ Third Complaint: \_\_\_\_\_

Secondary complaint: \_\_\_\_\_ Fourth Complaint: \_\_\_\_\_

When did the problem (s) begin? \_\_\_\_\_ Is your problem the result of ANY type of accident? YES or NO

If yes, identify type of accident: \_\_\_\_\_ Auto \_\_\_\_\_ Work \_\_\_\_\_ Home \_\_\_\_\_ Other (please explain) \_\_\_\_\_

Date of accident: \_\_\_\_\_ Approximately what time of day: \_\_\_\_\_

Have you suffered with any of this or similar problems in the past? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, how many times? \_\_\_\_\_

When was the last episode? \_\_\_\_\_ Other forms of treatment tried? \_\_\_\_\_

Who provided the treatment? \_\_\_\_\_ When was the treatment provided? \_\_\_\_\_

What were the results? \_\_\_\_\_

PLEASE MARK the areas on the diagram with the following letters to describe your symptoms:

R= Radiating    B= Burning    D= Dull    A=Aching  
N= Numbness    T= Tingling    S= Sharp/Stabbing

When is the problem at its worst? \_\_\_\_\_

How long does it last? \_\_\_\_\_

What relieves your symptoms? \_\_\_\_\_

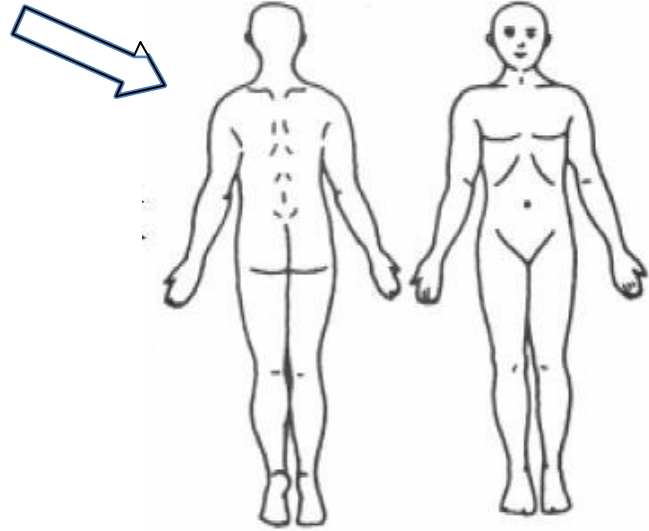
What makes them feel worse? \_\_\_\_\_

Have you had previous chiropractic care? (circle one) YES or NO

Name of previous chiropractor: \_\_\_\_\_

How long were you under care? \_\_\_\_\_ How long ago? \_\_\_\_\_

What were the results? \_\_\_\_\_



Rate how you feel today regarding each of your complaints on a scale of 1 to 10 with 10 being the worst pain and 0 being no pain:

Minimal Pain ↓

↓ Worst Pain I can imagine

Primary or chief complaint:    1    2    3    4    5    6    7    8    9    10

Second complaint:    1    2    3    4    5    6    7    8    9    10

Third complaint:    1    2    3    4    5    6    7    8    9    10

Fourth complaint:    1    2    3    4    5    6    7    8    9    10

## Review of Systems

**CIRCLE** any symptoms or findings below that you are currently experiencing.

**Constitutional:** weight loss/gain, fever, chills, trouble sleeping, weakness, or fatigue.

**HEENT:** visual loss, blurred vision, double vision or yellow sclera, hearing loss, ringing in ears, sneezing, congestion, Sinus/Drainage Problems, runny nose or sore throat.

**Skin:** No rash or itching.

**Cardiovascular:** Chest pain, leg swelling, dizziness, or heart palpitations.

**Respiratory:** Shortness of breath, cough, sputum, wheezing.

**Gastrointestinal:** trouble swallowing, heartburn, digestive problems, abdominal pain, nausea, vomiting or diarrhea, bloody or black tarry stools

**Genitourinary:** Incontinence, pain with urination, blood in urine, or urinary frequency.

**Neurological:** Headache, dizziness, blackouts, paralysis, loss of motor function, numbness or tingling in the extremities. Change in bowel or bladder control. Memory loss or headaches.

**Musculoskeletal:** Muscle pain/stiffness/cramps, back pain, or joint pain/stiffness.

**Hematologic:** Anemia, bleeding or bruising, transfusion reactions.

**Lymphatics:** Any enlarged nodes. History of splenectomy.

**Psychiatric:** depression, anxiety, mood changes

**Endocrine:** Cold or heat intolerance, increased urination, thirst, or changes in hunger.

## Medical History

Check all that applies:

- |  |   |  |   |                                       |
|--|---|--|---|---------------------------------------|
| <input type="checkbox"/> ADHD/ADD            | <input type="checkbox"/> Diabetes                               | <input type="checkbox"/> High Blood Pressure           | <input type="checkbox"/> Asthma                       | <input type="checkbox"/> COPD         |
| <input type="checkbox"/> Cancer/tumors       | <input type="checkbox"/> Seizures                               | <input type="checkbox"/> Anemia                        | <input type="checkbox"/> Heart Attack                 | <input type="checkbox"/> Stroke       |
| <input type="checkbox"/> HIV/AIDS            | <input type="checkbox"/> Hepatitis                              | <input type="checkbox"/> Ulcers                        | <input type="checkbox"/> Eating disorder              | <input type="checkbox"/> Heart mummer |
| <input type="checkbox"/> High cholesterol    | <input type="checkbox"/> Osteoporosis                           | <input type="checkbox"/> Hyper/Hypo thyroid            | <input type="checkbox"/> Scoliosis                    | <input type="checkbox"/> Broken bones |
| <input type="checkbox"/> Dislocations        | <input type="checkbox"/> Sleep disorder                         | <input type="checkbox"/> Deep Vein Thrombosis (DVT)    | <input type="checkbox"/> Impotence/Sexual Dysfunction |                                       |
| <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Rheumatoid Arthritis or Osteoarthritis | <input type="checkbox"/> Bowel or bladder incontinence |   |                                       |
| <input type="checkbox"/> Other:              | _____   |  |   |                                       |

Current Prescription and Non-Prescription Medications – May provide printed list instead

\_\_\_\_\_

Are you Allergic to any Medications? If so, which ones?

\_\_\_\_\_

Please identify ALL PAST and CURRENT conditions you feel may be contributing to your present problem

Previous Accidents: \_\_\_\_\_

Injuries: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Childhood Diseases: \_\_\_\_\_

Adult Diseases: \_\_\_\_\_

## Social History

**Smoking** (circle one)    Current Every Day Smoker    Occasional Smoker    Former Smoker    Never Smoked

**Alcohol** (circle one)                      Daily    Weekends    Occasionally    Never

**Recreational Drug Use** (circle one)    Daily    Weekends    Occasionally    Never

Do you exercise? \_\_\_\_ Yes        \_\_\_\_ No

If yes, what type of exercise and **how often**? \_\_\_\_\_

Average hours of sleep \_\_\_\_\_ How many 8 oz glasses of water do you drink per day \_\_\_\_\_

**Circle** what kind of diet are you on: heart healthy, diabetic, gluten free, regular, low sodium, other: \_\_\_\_\_

Hobbies/Interest \_\_\_\_\_

Has your hobbies/Interest been affected; if so how?

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## Family History

Does anyone in your family suffer with the same condition (s)? (circle one)                      Yes    No

If yes, whom? \_\_\_\_\_

Any other hereditary conditions that the doctor should be aware of? (circle one)                      Yes    No

If yes, what conditions? \_\_\_\_\_

## Females Only - Pregnancy Release

This is to certify that to the best of my knowledge that I am not pregnant and the above doctor and his/her associates have my permission to perform and x-ray evaluation. I have been advised that x-rays can be hazardous to an unborn child.

Date of last menstrual cycle: \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## All Patients

Would you like a receipt of your clinical summary after each visit? (circle one)    Yes    No

**Patient or legal guardian signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Doctor's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Nurse Practioner's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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### Peripheral Vascular Disease Screening Questionnaire

Peripheral Vascular Disease (PVD) is a common circulatory problem in which vessels carrying blood to the extremities are not functioning well or becoming narrowed or clogged due to a build-up of plaque.

Fill out the questionnaire so your physician can evaluate whether you may be at risk or have symptoms of peripheral vascular disease.

Please circle "YES" or "NO" on the following questions and check all boxes that apply:

Have you ever been diagnosed with peripheral vascular disease or been diagnosed as having poor circulation? YES NO	IF you have pain, does the pain subside with rest? YES NO
Have you ever had surgery, balloon procedures, or stents in your heart, kidneys, stomach, legs or arms? YES NO	Do your feet or toes bother you most nights while lying in bed, with relief when they are dangled at the edge of the bed? NO YES
When you walk, do you experience aching, cramping or pain in your arms, legs, thighs, or buttocks? YES NO	Do you have any painful sores or ulcers on legs or feet that do not heal? YES NO
If you answered YES to the question above, when do you feel the pain: <input type="checkbox"/> After walking 1 block <input type="checkbox"/> Climbing a flight of stairs <input type="checkbox"/> After walking 100 yards <input type="checkbox"/> Walking at increased speed	Check all that apply: <input type="checkbox"/> I am a current smoker <input type="checkbox"/> I have a history of smoking <input type="checkbox"/> I have diabetes <input type="checkbox"/> I have a family history of diabetes <input type="checkbox"/> I have high cholesterol <input type="checkbox"/> I have a family history of high cholesterol <input type="checkbox"/> I have high blood pressure/hypertension <input type="checkbox"/> I have a family history of high blood pressure/hypertension <input type="checkbox"/> I have coronary artery disease <input type="checkbox"/> I have a family history of coronary artery disease <input type="checkbox"/> I have had a stroke/mini-stroke/TIA <input type="checkbox"/> I have a family history of stroke/mini-stroke/TIA
Are your legs or arms pale, discolored or bluish? YES NO	_____ <b>Patient Signature</b>

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### Vascular / NCV Screening Questionnaire

Please check the appropriate response

Yes or No

- 1. Are you over the age of 35? \_\_\_\_\_
- 2. Have you ever suffered from headaches? \_\_\_\_\_
- 3. Do you have a family history of cardiovascular disease? \_\_\_\_\_
- 4. Do you have high blood pressure? \_\_\_\_\_
- 5. Do you suffer from dizziness or light-headedness? \_\_\_\_\_
- 6. Do you have a history of smoking? \_\_\_\_\_
- 7. Have you ever experienced tingling or numbness  
in your legs or arms? \_\_\_\_\_
- 8. Do you bruise easily? \_\_\_\_\_
- 9. Do you get easily or feel fatigued after common  
physical activity? \_\_\_\_\_
- 10. Do you have a stressful lifestyle? \_\_\_\_\_
- 11. Do you exercise regularly? \_\_\_\_\_
- 12. Do you get at least 7 hours of sleep nightly? \_\_\_\_\_
- 13. Do you eat three balanced meals a day? \_\_\_\_\_
- 14. Do you take birth control? \_\_\_\_\_
- 15. Do you have varicose veins? \_\_\_\_\_
- 16. Do you suffer from Diabetes? \_\_\_\_\_
- 17. Do you have any swollen or stiff joints? \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

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## Financial Policy

Dear Patient,

Thank you for choosing us as your healthcare provider. We are committed to your treatment being successful. Please understand that payment of your bill is considered part of your treatment. By signing this agreement, you understand that you are responsible for all charges during your treatment regardless of any insurance coverage. We will file your insurance if available but it is not a guarantee of payment so you are ultimately responsible for your entire bill. From time to time your insurance company may require information from you. Please return all forms back to them as soon as possible. Delaying this will cause your claims to be denied. If needed information is not returned, you could be totally responsible for your bill. We will do all we can to help get your claims paid but often your help is required too. Please keep in mind that sometimes it takes weeks or months to process delays in and out of our office. We do accept cash, checks, debit and credit cards for your convenience. We ask that all co-pays be paid at the time of your visit. Deductible and co-insurance amounts will be discussed at the time of your visit.

**“I have read, understand and agree to all provisions of this policy.”**

\_\_\_\_\_  
Signature of patient or legal guardian

\_\_\_\_\_  
Date

## HIPAA Policy

By signing below, you acknowledge that you understand the rules and guidelines of HIPAA and agree to adhere to them.  
*\*If you wish to be given a copy of the HIPAA policy, please ask the front desk.*

\_\_\_\_\_  
Signature of patient or legal guardian

\_\_\_\_\_  
Date

## Medical Records Release

I give permission for the following persons to have full access to my medical records.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship